



Staying Human with AI

From 6pm on Tuesday 24th September until 4.00pm on Wednesday 25th

Given the context of this Conversation, maybe we should let a Generative AI describe it.

“Join us for a thought-provoking Conversation about staying human and the wisdom of AI. As technology continues to advance, it's important to consider the implications of relying too heavily on artificial intelligence. We will explore the boundaries of human consciousness and living awareness, and how they differ from machine learning.

Through this discussion, we hope to inspire a deeper understanding of what it means to be human and to maintain our unique qualities in a world that is becoming increasingly reliant on technology.

We will also examine the ethical considerations of relying too heavily on AI and the potential consequences of doing so.

Don't miss this opportunity to engage with like-minded individuals and expand your understanding of this complex topic.

Whether you're a tech enthusiast or a concerned citizen, we invite you to join us for a stimulating and thought-provoking conversation that will challenge your assumptions and broaden your perspective.

Let's explore together how we can maintain our humanity while embracing the potential of AI.”



AGENDA

The Conversation will follow our usual flow in three key stages:

- **"This is Me"** – taking stock of where we find ourselves currently in relation to this theme and the questions that are arising from our experience
- **"Tell Us More"** – enquiring more deeply into our learning and insights as we probe into this experience
- **"Yes I can, Yes I will"** – turning wisdom and insight into intention and practice

"THIS IS ME!"

Prior to the Conversation, we will invite you to take a few moments to contemplate and appreciate your feelings about non-human intelligence and how it is affecting and will continue to affect your role and others within your business. This stage is about nurturing self-awareness and positive enquiry and we will invite you to reflect on your own responses as you do so.

We will begin the Conversation by sharing our own experience of AI and the reactions and responses it is triggering – e.g. creativity and excitement on the one hand and doom and inevitability on the other?

As we share and compare and learn from our different contexts and experiences, and sleep on this overnight, we will seek to discern some of the bigger themes coming out of this and also the subtle or not so subtle implications for how we lead in this rapidly evolving context.

The space at Windsor, as ever, will provide a powerful 'lens' through which to see more clearly what is potentially at play in all of this.



“TELL US MORE”

In this phase, we will explore further. On the one hand, we can look deeper into some of the issues that have arisen in our sharing. In particular we will look at the sense of the 'inevitability' that seems to be surrounding AI and the 'control drama' that it is highlighting – fundamentally challenging our assumptions about the relationship between man and machine.

On the other, we can dive deeper into your dialogues with your team and the dynamics of your business. As we all strive for more efficiency within our budgets, we will give space to ponder how this topic could reshape you personally.

We will also consider the questions and potential biases that may surface when the idea of replacing human roles with artificial intelligence is introduced.

What would you choose to keep, and what would you want to change? This stage is about nurturing understanding and wisdom from the insights you gather. Sharing your thoughts with your peers can help to illuminate this complex topic further, nurturing collective understanding.

“YES I CAN!”

Finally, from the wisdom nurtured in the previous stages, let's convert insights into actions. Given the depth of these conversations, consider your next steps.

- How might you act differently?
- How will you advocate for and support human intellect in your organization, and what changes are necessary?

This stage is about nurturing intention and turning wisdom into practice.

Books

Life 3.0 by

The Future of Professions by Richard Susskind



Timings: Tuesday 24th September

- 1430** You are welcome to check in to your room in St George's House
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- 1630** Tea in the House for those joining Evensong in the Chapel
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- 1705** Evensong (*optional*)
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- 1750** **Vicars' Hall.** Gathering together. Refreshments, then start of the Conversation at 6.00pm. Introduction to the Guiding Principles and then on to Stage One: ***This is me!*** We work in small groups sharing our stories and experience.
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- 2000** Working dinner in the House Dining Room
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- 2130** We go back to the Sitting Room for tea/coffee, and after dinner drinks
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- 2145** Private floodlit tour of St George's Chapel, departing the Sitting Room (*optional*).
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Wednesday 25th September

- 0745** Breakfast is served in St George's House. Please clear your personal belongings from your room and bring them down to the Vicars' Hall, so that the domestic staff can prepare the rooms for the next group
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- 0845** We start again promptly in the Vicars' Hall and begin by noticing what is present to us as we start the new day, working in small groups and as a larger group. As we share our experiences and questions, we identify specific aspects and challenges in our different situations that require more focused attention and quality thinking time. At roughly 10.30am we move on to Stage 2: ***Tell us more***, where we start to 'mine' these topics for the wisdom that can unlock them.
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- 1100** Break for tea/coffee
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Wednesday 25th September cont...

- 1130** **'Tell us more' cont..** Working in a variety of pair/trio or small group conversations, we delve together into the particular issues that have most resonance and significance for us
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- 1300** A hot buffet lunch is served in the Vicars' Hall and we work together in our groups, reflecting on how our insights from the morning are speaking to us and our intentions as leaders.

At 1.50 we have a team photo on the West steps of the Chapel (weather permitting!)
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- 1400** Back together as one group, we draw out our lunchtime reflections and engage in our final round of small group work as we clarify and solidify our intentions. Where is the invitation for each of us more fully to embody the wisdom we are accessing?
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- 1500** We invite each of you to work in pairs or trios over tea or coffee to sharpen up your personal resolves and commitments in the light of your intentions
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- 1545** Closing words and 'gathering up' of the wisdom that has flowed, however large or small.
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- 1600** Conversation close
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Video link-up:

At the end of the Conversation, we will confirm the arrangements for our follow-up zoom call to check in on the progress we have each made in progressing our resolves.

The key to us making the best possible use of our time in this is for Fellows to post a brief Whatsapp beforehand updating the rest of us on how you have been getting on, and especially which ones you found the most challenging. We then take it from there!

Follow up: Friday 13th December, 4.00pm – 5.00pm