Nurturing Our Growth as Ministers

Monday, 23rd January – Friday, 27th January 2023

Programme

Monday, 23rd January

16:00 – 17:00	Arrival Tea & Coffee available	St George's House Vicars' Hall
17:00 – 18:00	Evensong (please be seated by 17:10)	St George's Chapel
18:00– 19:15	Programme overview and Introductions - Small group introductions and contracting	Vicars' Hall
19:15 – 19:45	Pre-Dinner Drinks	Sitting Room, No25
19:45 – 20:00	Dinner	Dining Room

Tuesday, 24th January

11:30 -

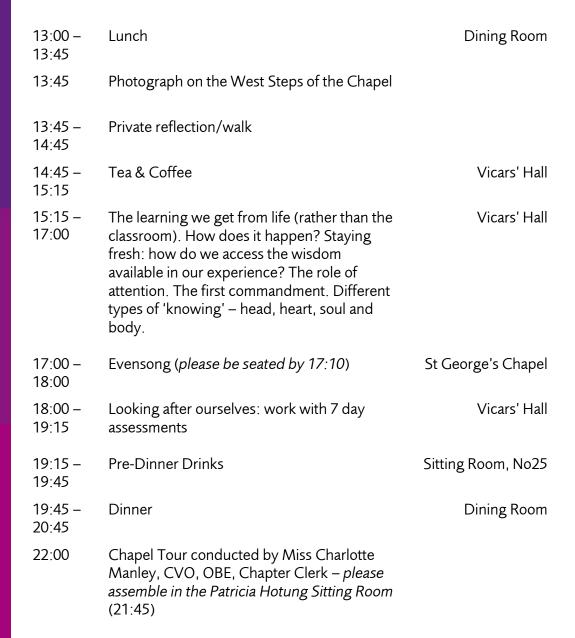
13:00

07:30	Mattins	St George's Chapel
08:00	Holy Communion (Reader: The Very Reverend Dr Gray Lesesne)	St George's Chapel
08:30 – 09:15	Breakfast	Dining Room
09:15 – 11:00	Opening input and priming discussion: "speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ" What does it mean to 'grow'? How does it happen?	Vicars' Hall
	'Tree of Life' activity: charting our own growth and sharing in small groups.	
11:00 – 11:30	Tea & Coffee	Vicars' Hall



Vicars' Hall

Tree of Life Activity (cont..)



Wednesday, 25th January

07:30	Mattins	St George's Chapel
08:00	Holy Communion (Reader: The Reverend Fiona Mayer-Jones)	St George's Chapel
08:30 – 09:15	Breakfast	Dining Room
09:15	Small group check in	Vicars' Hall
10:00	Accessing the wisdom of the 'body'	Vicars' Hall
11:00 – 11:30	Tea & Coffee	Vicars' Hall
11:30	Body wisdom exercises	Vicars' Hall





07:00	Morning exercises	Vicars' Hall
07:30	Mattins	St George's Chapel
08:00	Holy Communion (Reader: The Reverend Ben Rundell-Evans)	St George's Chapel
08:30 – 09:15	Breakfast	Dining Room
09:15	Small group check in	Vicars' Hall
10:30– 11:00	'Vocation' and fruitfulness: Finding our place in the Body of Christ. Accessing deeper resourcefulness.	Vicars' Hall
11:00 – 11:30	Tea & Coffee	Vicars' Hall
11:45 – 13:00	Vocation and fruitfulness (cont)	Vicars' Hall
13:00 – 13:45	Lunch	Dining Room



13:45 – 14:45	Private reflection/walk	
14:45 – 15:15	Tea & Coffee	Vicars' Hall
15:15 – 17:00	Working on our relationships? How we show up to others. Where/how do we get 'caught'? Using heart knowing to transform relationship and release potential.	Vicars' Hall
17:00 – 18:00	Evensong (please be seated by 17:10)	St George's Chapel
18:00 – 19:15	Stepping into change – practical activity	Vicars' Hall
19:15 – 19:45	Pre-Dinner Drinks	Sitting Room, No25
19:45 – 20:45	Dinner	Dining Room

Friday, 27th January

07:00	Morning exercises	Vicars' Hall
07:30	Mattins	St George's Chapel
08:00	Holy Communion (Reader: The Reverend Julie Donn)	St George's Chapel
08:30 – 09:15	Breakfast Please bring luggage down and this can be stored in the Sitting Room or The Vicars' Hall	Dining Room
09:15	Small group check in	Vicars' Hall
10:00 – 11:00	Developing a sustaining personal practice	Vicars' Hall
11:00 – 11:30	Tea & Coffee	Vicars' Hall
11:30	Work on creating personal practice	Vicars' Hall
13:00 – 14:00	Lunch	Vicars' Hall
14:00	Departure	

