Nurturing Our Growth as Ministers

Monday, 24th January – Friday, 28th January 2022

Programme

Monday, 24th January

16:00 – 17:00	Arrival Tea & Coffee available	St George's House Vicars' Hall
17:00 – 18:00	Evensong (please be seated by 17:10)	St George's Chapel
18:15 – 19:15	Programme overview and Introductions - Small group introductions and contracting	Vicars' Hall
19:15 – 19:45	Pre-Dinner Drinks	Sitting Room, No25
19:45 – 20:00	Dinner	Dining Room

Tuesday, 25th January

11:30 – 13:00

13:00 -

13:45

Lunch

07:30	Mattins	St George's Chapel
08:00	Holy Communion (Reader: The Reverend Jordan Ling)	St George's Chapel
08:30 – 09:15	Breakfast	Dining Room
09:30 – 11:00	Opening input and priming discussion: "speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ" What does it mean to 'grow'? How does it happen?	Vicars' Hall
	'Tree of Life' activity: charting our own growth and sharing in small groups.	
11:00 – 11:30	Tea & Coffee	Vicars' Hall



Vicars' Hall

Dining Room

Tree of Life Activity (cont..)



Wednesday, 26th January

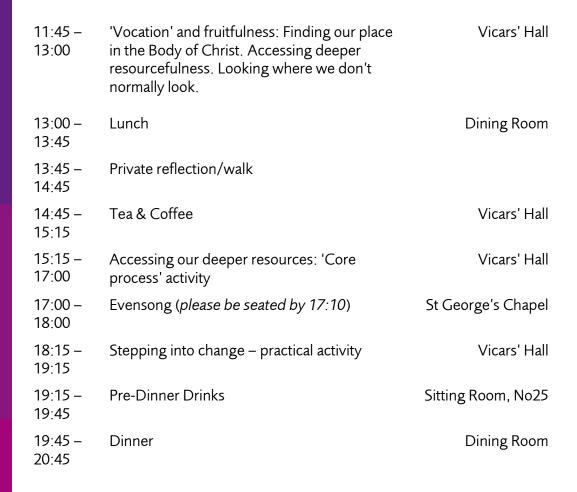
07:00	Morning exercises	Vicars' Hall
07:30	Mattins	St George's Chapel
08:00	Holy Communion (Reader: The Reverend Canon Peter Thompson)	St George's Chapel
08:30 – 09:15	Breakfast	Dining Room
09:15	Small group check in	Vicars' Hall
10:00	Accessing the wisdom of the 'body'	Vicars' Hall
11:00 – 11:30	Tea & Coffee	Vicars' Hall





07:00	Morning exercises	Vicars' Hall
07:30	Mattins	St George's Chapel
08:00	Holy Communion (Reader: The Reverend Canon Karen Smeeton)	St George's Chapel
08:30 – 09:15	Breakfast	Dining Room
09:15	Small group check in	Vicars' Hall
10:00 – 11:00	Working on our relationships? How we show up to others. Where/how do we get 'caught'? Using heart and body knowing to transform relationship and release potential.	Vicars' Hall
11:00 – 11:30	Tea & Coffee	Vicars' Hall





Friday, 28th January

07:00	Morning exercises	Vicars' Hall
07:30	Mattins	St George's Chapel
08:00	Holy Communion (Reader: The Reverend Canon Kerry Dixon)	St George's Chapel
08:30 – 09:15	Breakfast	Dining Room
09:15	Small group check in	Vicars' Hall
10:00 – 11:00	How to develop a sustaining personal practice	Vicars' Hall
11:00 – 11:30	Tea & Coffee	Vicars' Hall
11:30	Work on creating personal practice	Vicars' Hall
13:00 – 14:00	Lunch	Vicars' Hall
14:00	Departure	

