



Leadership and Legacy

From 6.00pm on Sunday 10th October until 11.15 on Wednesday 13th

This conversation is intended to give you space, together with other leaders in the same context, to explore these questions and to start reshaping your leadership so it is more fully aligned for this more mature, and potentially much more enjoyable, phase of your leadership journey.

For some of us, it may be a very ill-formed question, just a sense that there is something more – that this phase of my life could and should be about something different. For others, we may already have a sense of how we want to re-orientate our leadership and starting to wrestle with the how.

Some examples may include

- A sense of entering the 'final phase' of your career?
- Thinking about your leadership legacy?
- Children leaving home, financial burdens easing?
- Considering 'handing on' your business?
- Feeling a bit stale, 'same-old', at work - looking for more fulfilment?
- Thinking about 'giving back' to society?

This phase of life is one of the most creative and generative. It is a time of real freedom and fulfilment as we choose to live in the fullness of our accumulated wisdom and true identity. We just need the courage and clarity to do this. But the transition can be daunting in its possibilities. We can limit our thinking, struggle with lack of structure, fear a loss of social/professional status, or latch onto clichéd notions of 'success' that are deeply unfulfilling. It is also a time when 'spiritual' questions start to grow in importance for us. By taking time to deeply understand ourselves and embrace this mature phase of life, we can make much clearer, more fulfilling choices about how we spend these years and bring our active wisdom to the world.

Agenda

The conversation will follow the same flow of all our programmes, following three key stages, and, fittingly for this enquiry into personal transition, going into a depth in each of these that is not always possible on the shorter conversations:

- **This is Me** – taking stock of where we find ourselves currently in relation to this theme and the questions that are arising
- **Tell Us More** – enquiring more deeply into our learning and insights as we probe into this experience
- **Yes I can, Yes I will** – turning wisdom and insight into intention and practice

This is me

In the opening phase of the conversation we will help each other to pause and take stock honestly of where we are right now:

- what resources we have – successes, things to treasure; what really matters to us; resources and wisdom, things to make full use of
- some of the 'patterns' in our life, behaviours and relationships. Which serve us well, which not?
- Attune ourselves to what really energises and fulfils us.

Notice what is really speaking to us and catching your deeper attention as a leader

Tell Us More

In the second phase we will move into a richer enquiry. This will include:

- Finding where and how to be more 'choiceful' – in relation to events, people and time - so we are running the show, not it running us
- Explore radically and creatively the real options available as we look ahead.
- Enquire into our capacity to take 'risks' whether in direction or relationships.
- Noticing what is really present in some of our key connections and relationships, where there is an invitation to 'more' or 'new' or 'different'.
Sharing leadership tools, practices and resources for living more consciously and enjoyably.

Yes I can

In the final phase we will start to crystalise our intentions for leading more consciously from the 'legacy' perspective. This will involve:

- Shaping a personal programme to begin the process of transitioning into the new choices available to us. This includes
- Practical steps to help us manage our energy and take control of our time
- self-observation techniques to help us monitor progress, strengthen resilience and personal resolve.

In a follow up Zoom session some weeks after the conversation we will have the opportunity to share progress and learn from our experience of engaging with this purposeful transition into a new season in our leadership. Our hope, and experience, is that this group would continue to stay in connection for a good year or so after the conversation, to support and challenge each other given the longer term nature of this particular theme.